

# coop deals

DEC 18 - DEC 31, 2024

*a key ingredient*

## SMOOTH AND DELICIOUS

Entertaining family and friends? The co-op has plenty of delicious options to enhance your next gathering. Find great sales on your favorite brands — including Kerrygold Pure Irish Butter, which is perfect for baked goods and savory treats for all your winter get-togethers.



COOPERATIVELY OWNED



**3.99**

Kerrygold  
Pure Irish Butter  
8 oz., selected varieties



**2/\$7**

Q Mixers  
Drink Mixers  
4 pk.-7.5 fl. oz. cans,  
selected varieties



**4.49**

Quinn  
Filled Pretzel  
Nuggets  
5-7 oz., selected varieties



**4.49**

Tony's Chocolonely  
Chocolate Bars  
6.35 oz., selected varieties



The co-op has everything for entertaining all season long.  
**Share the joy and deliciousness.**



**2.99**

**Wildwood Organic Sprouted Tofu**  
14 oz., selected varieties



*lactose-free deliciousness*

Organic real dairy cream cheese, with all the richness and versatility but none of the lactose! Perfect for your favorite holiday recipes, from creamy dips and appetizers to mouth-watering desserts.



**3.99**

**Green Valley Organic Lactose-free Cream Cheese**  
8 oz., selected varieties



**4.99**

**Mt Vikos Feta Cheese**  
6 oz., selected varieties



Make it your way with the ingredients you love.  
**Enjoy the savory flavors.**

*award-winning innovation*

Pourable Plant Milk Mozzarella is the secret to perfectly melty, cheesy pizza. Crafted from organic cultured cashew milk to give you a cheesy layer that bubbles, browns and tastes delicious.

**4.99**

**Miyoko's Creamery Organic Pourable Plant Milk Mozzarella**  
16 oz.



**6.99**

**Wildbrine Organic Sauerkraut**  
18 oz., selected varieties



**6.99**

**Bubbies Sauerkraut**  
25 fl. oz.

**Find dairy and dairy-free options at the co-op.**

*cheesy organic options*

COOPERATIVELY OWNED

**Organic Valley's** Shredded Parmesan, Raw Cheddars, 3 Cheese Mexican Blend and 3 Cheese Italian Blend make great options for grilled cheese, pastas or even a midnight snack straight out of the package (we won't tell).



**4.49**

Organic Valley Shredded Cheese  
6 oz., selected varieties



**4.49**

Organic Valley Parmesan Cheese  
4 oz., selected varieties



**5.49**

Organic Valley Raw Block Cheese  
8 oz., selected varieties



**2/\$5**

Health-Ade Organic Kombucha  
16 fl. oz., selected varieties



**5.49**

Immaculate Organic Cinnamon Rolls  
17.5 oz.

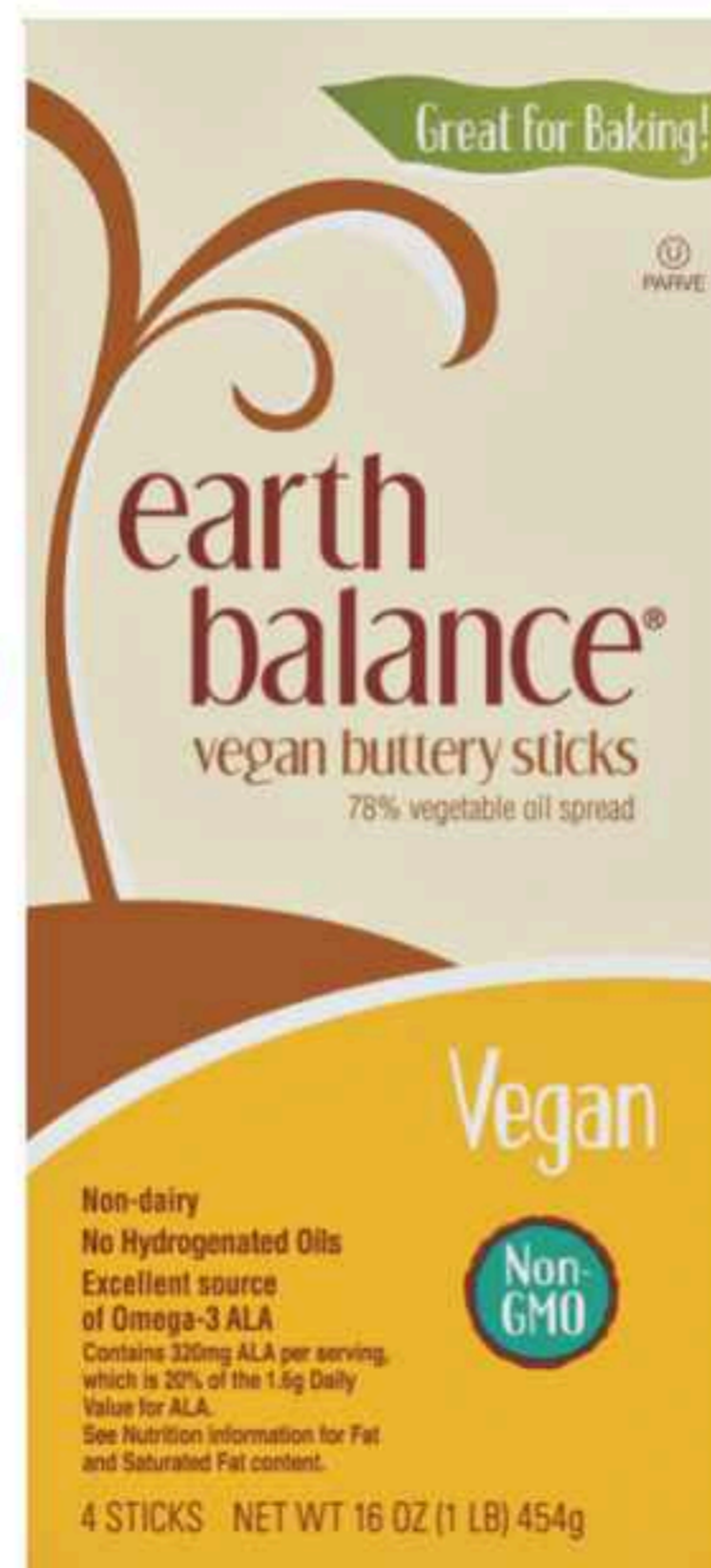


*great buttery taste*

Earth Balance Vegan Buttery Sticks has made its name as the ultimate toast topper and a crucial part to non-dairy baking. It's creamy, rich and buttery.

**4.99**

Earth Balance Buttery Spread or Sticks  
13-16 oz., selected varieties



**4.99**

Talenti Gelato or Sorbetto  
1 pt., selected varieties

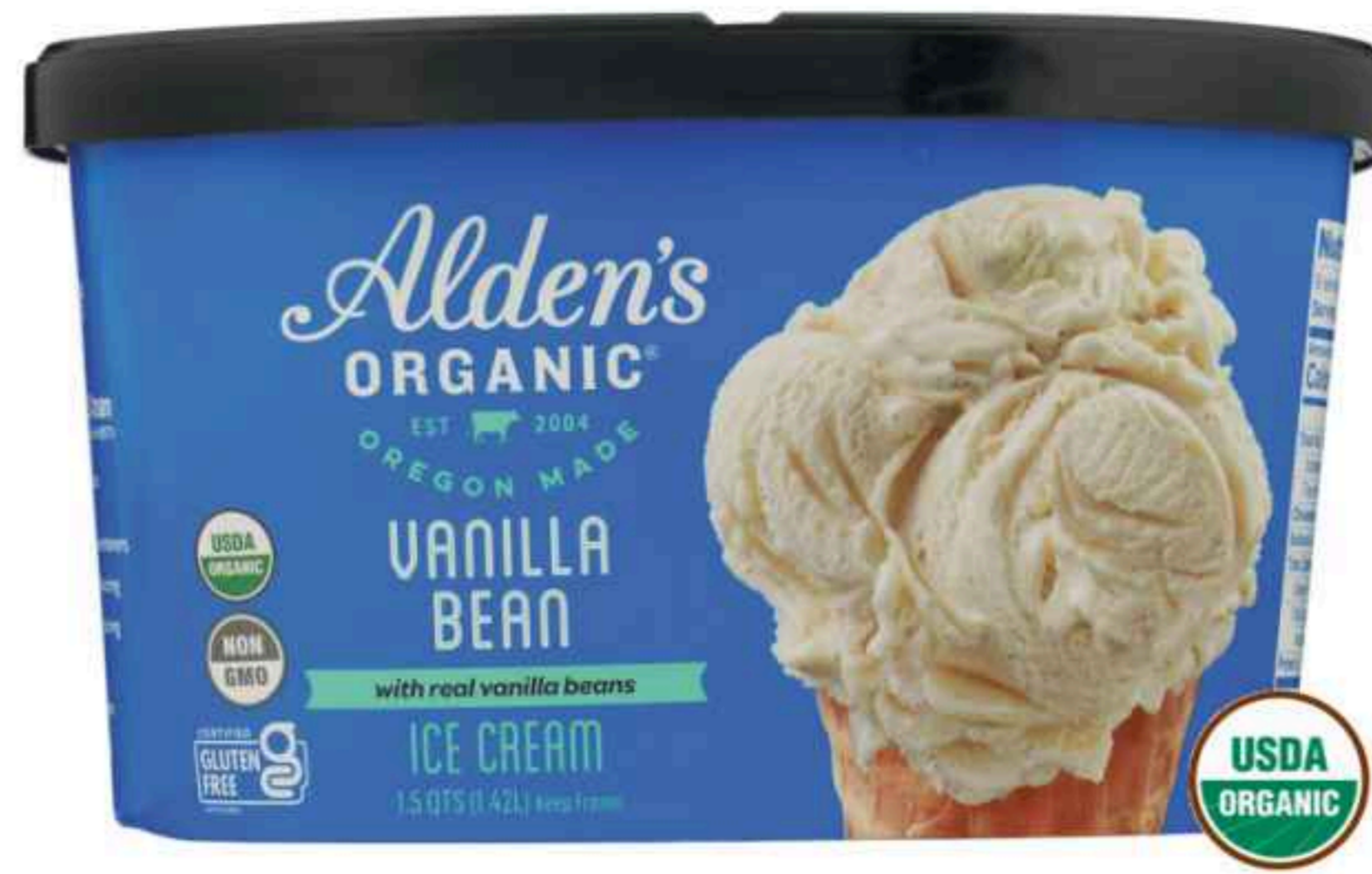
**Find refreshing selections at the co-op.**

**INCLUSIVE TRADE PARTNER**

Tucson Tamale started with a large Mexican-American family tradition that turned into award-winning tamales.



**5.49** Tucson Tamale Tamales  
10-11 oz., selected varieties



*a scoop above*

Transform your holiday pies with a scoop of Alden's Organic Vanilla Bean, the perfect way to celebrate the season!

**8.99** Alden's Organic Ice Cream  
1.5 qts., selected varieties



**4.69** Alexia Frozen Potatoes  
15-19 oz., selected varieties



**4.99** Udi's Gluten Free Bread or Bagels  
8.5-14.3 oz., selected varieties



*a taste of Italy*

Made with a premium taste and unique ingredients, Woodstock Frozen Pastas are plant-based meal solutions that are ready in minutes and will make cooking delicious meals at home feel effortless.

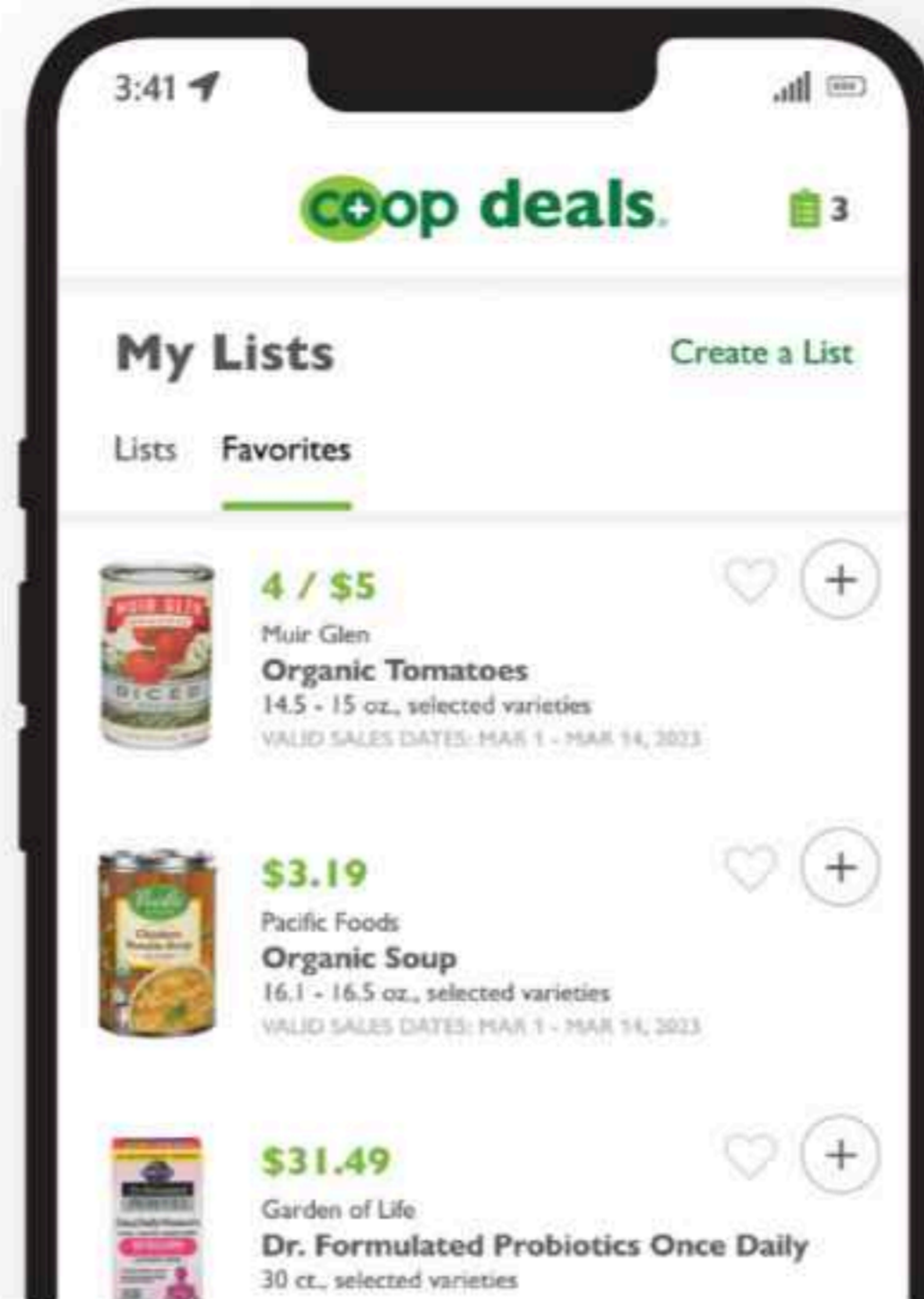
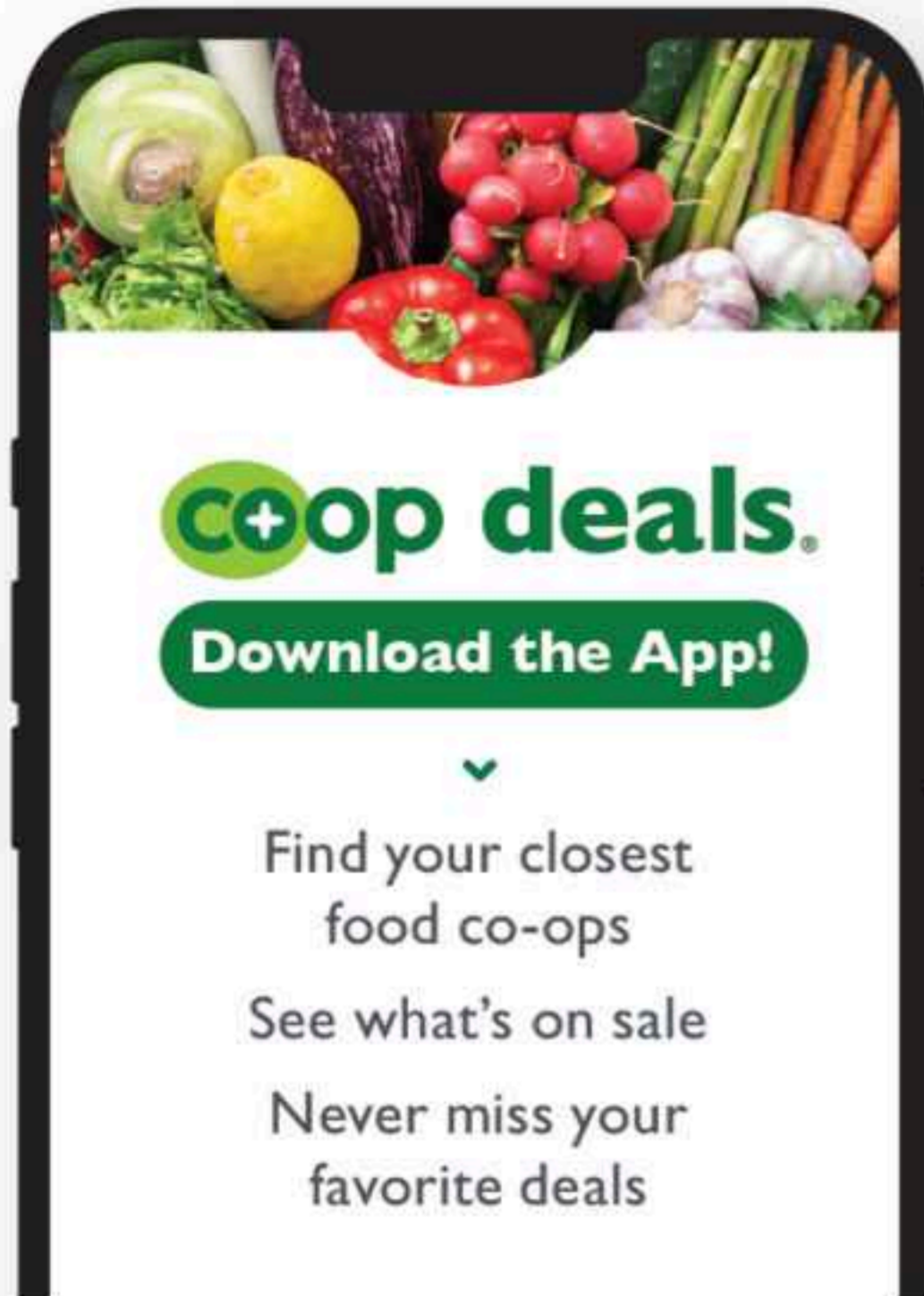
**7.49** Woodstock Organic Filled Pasta  
20 oz., selected varieties



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.

**Stock the freezer with deals from the co-op.**

Never miss your **favorite deals**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



Find out what's on sale at the co-op.  
**Download the app!**



**16.99**  
Spectrum  
Organic Extra Virgin  
Olive Oil  
25.4 fl. oz.



**3.79**  
Pacific Foods  
Organic Broth  
32 fl. oz., selected  
varieties



**4.99**  
Lotus Foods  
Organic  
Forbidden Rice  
15 oz.

COOPERATIVELY OWNED



**7.49**  
Frontier Co-op  
Spicy Black Bean  
Soup Mix  
7.9 oz.



**7.99**  
Lucini Italia  
Organic Pasta  
Sauce  
24 oz., selected varieties

**Never miss a deal with the Co+op Deals app.**



**2/\$7**

Pacific Foods Organic Oat Beverage  
32 fl. oz., selected varieties



**2/\$7**

Choice Organics Tea  
16 ct., selected varieties



**2/\$9**

Mom's Best Cereal  
17.5-24 oz., selected varieties



**4.99**

Nature's Path Organic Flour  
32 oz., selected varieties



**5.99**

Enjoy Life Baking Chocolate  
9-10 oz., selected varieties

COOPERATIVELY OWNED



**8.49**

Simply Organic Vanilla Extract  
2 fl. oz.

share homemade holiday goodness

Good ingredients make good times! Bring everyone together with delicious homemade treats made with our premium baking flours and whole grain oats. **Bob's Red Mill's** quality ingredients are your key to irresistible treats that bring holiday spirit to your table.



**6.99**

Bob's Red Mill Gluten-free Rolled Oats  
32 oz., selected varieties



**7.99**

Bob's Red Mill Organic Gluten-free Old Fashioned Rolled Oats  
32 oz.



**7.99**

Bob's Red Mill Organic Flour  
5 lbs., selected varieties



**8.49**

Bob's Red Mill Super-fine Almond Flour  
16 oz.

**The co-op has all your baking ingredients.**



**3.79**

Equal Exchange Organic Chocolate Bars  
2.8-3.5 oz., selected varieties



**7.99**

Equal Exchange Organic Baking or Hot Cocoa  
8-12 oz., selected varieties



**2/\$7**

Equal Exchange Organic Tea  
20 ct., selected varieties



**9.99**

Equal Exchange Organic Coffee  
10-12 oz., selected varieties



*sustainably sourced,  
expertly roasted*

**COOPERATIVELY OWNED**

From farmer co-ops to **Equal Exchange's** worker-owned co-op to your community co-op. We are committed to sourcing from democratically organized cooperatives that grow coffee with care for surrounding ecosystems, and to supporting long-term partnerships that keep small family farms thriving!



**3.79**

Lakewood Organic Pure Lemon or Lime Juice  
12.5 fl. oz., selected varieties



**4/\$7**

Earth's Best Organic Baby Food Pouch  
3.5-4.2 oz., selected varieties



**5.49**

Numi Organic Tea  
12-18 ct., selected varieties



**2/\$9**

R.W. Knudsen Sparkling Juice Drink  
25.4 fl. oz., selected varieties

*scoop up the savings in bulk!*



**1.69**

Organic Yellow Popcorn  
per pound in bulk



**4.29**

Organic Pitted Deglet Dates  
per pound in bulk



**7.99**

Organic Roasted & Salted Pistachios  
per pound in bulk

**The co-op makes holiday entertaining easy.**



get the recipe

**EGGNOG CINNAMON ROLLS**

Holiday time is eggnog season! In these pillowy rolls, eggnog replaces milk for an even richer, slightly denser result. Nutmeg gives the filling the classic aroma of eggnog, and the walnuts add a little crunch.



**2/\$4**

**Little Secrets Crispy Wafers**  
1.4 oz., selected varieties



**2/\$5**

**The Ginger People Ginger Chews**  
3 oz., selected varieties



**2/\$7**

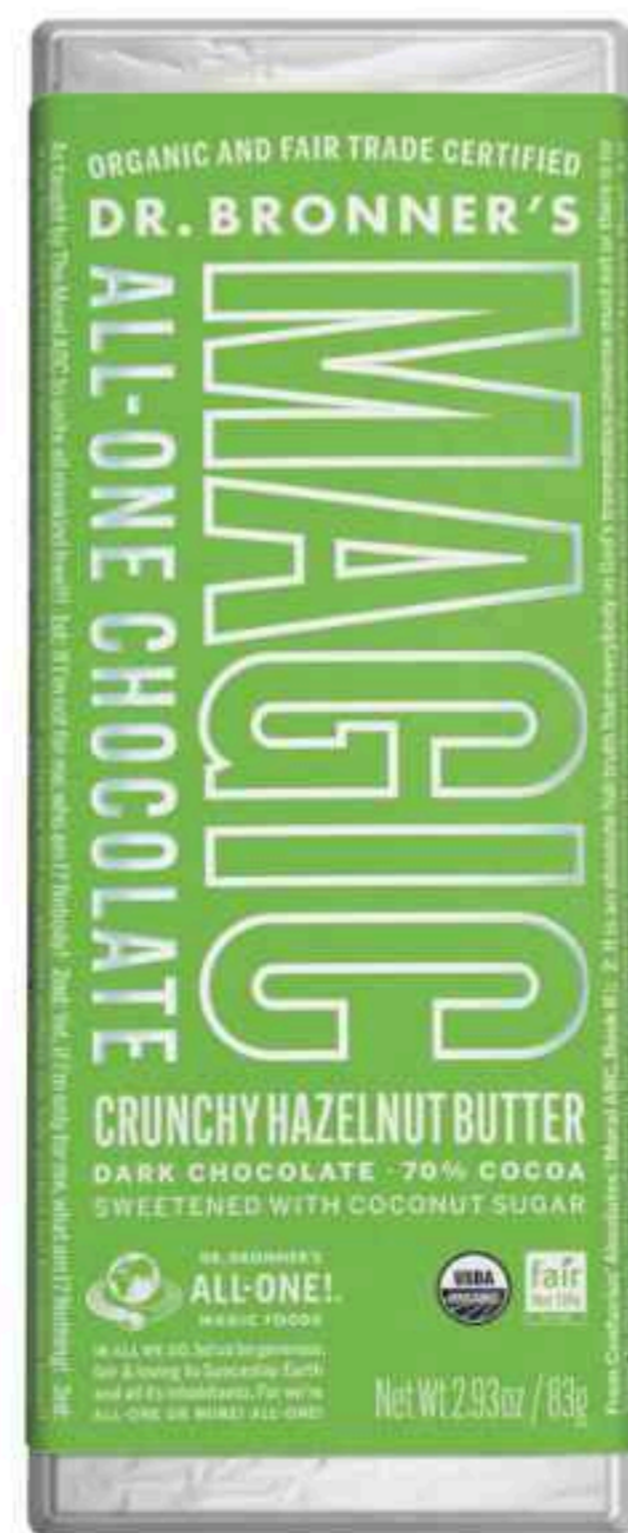
**Alter Eco Organic Chocolate Bars**  
2.65-2.96 oz., selected varieties

taste the magic

Dr. Bronner's Magic All-One Chocolate pairs Regenerative Organic Certified® ingredients with world-class Swiss chocolatiers. Discover Cool Peppermint Cream & Crunchy Hazelnut Butter — vegan, organic, 70% dark chocolate!

**2/\$6**

**Dr. Bronner's Organic Chocolate Bars**  
2.93-3 oz., selected varieties



**Find great holiday recipes at grocery.coop.**





**3.29**

**From the Ground Up  
Cauliflower Crackers**  
3.5-4 oz., selected varieties



**4.49**

**Kettle Brand  
Potato Chips**  
11.25-13 oz., selected varieties



*authentic gourmet  
Mexican salsa*

Frontera is inspired by the vibrant flavors across Mexico. Our salsas are made using produce from local Mexican farms, adding a heightened level of authenticity to deliver the bold flavors you crave.

**2/\$7**

**Frontera  
Salsa**

16 oz., selected varieties



Hosting parties is easier with great products from the co-op.

**Yummy snacking essentials.**

*organic and gluten-free*



Our crunchy crackers are made with brown rice, quinoa, flax and sesame seeds. The texture is delicious and has toasty flavors. Try our gluten-free, plant-based and organic crackers today!

**3.79**

**Mary's Gone Crackers  
Organic Crackers**  
4.25-6.5 oz., selected varieties



**4.49**

**Garden of Eatin'  
Tortilla Chips**  
16 oz., selected varieties

**Shop the co-op for party favorites.**

**2/\$5**

**Preserve  
Adult  
Toothbrush**  
each, selected varieties



**INCLUSIVE TRADE PARTNER**

ECOS is a Black- and woman-owned company that believes everyone has a right to a healthy home. We create cleaning products that protect the health and wellness of people, pets and the planet.



**3.79**

**Ecos**  
**Liquid Dish Soap**  
25 fl. oz., selected varieties



**INCLUSIVE TRADE PARTNER**

Badger is a woman-owned company. We create organic body care products with nourishing nutrients.



**2/\$5**

**Badger**  
**Organic Lip Balm**  
.15 oz., selected varieties



**2/\$7**

**One With Nature**  
**Bar Soap**  
7 oz., selected varieties



**8.99**

**Hyland's Naturals**  
**Calms Forte**  
**Sleep Aid**  
100 ct.



**13.99**

**Natural Factors**  
**Organic Oil of**  
**Oregano**  
1 fl. oz.



*revitalize your hair*

Avalon Organics Nourishing Lavender Shampoo and Conditioner work to cleanse every strand of hair leaving it soft, smooth and shiny. Reduces split ends by up to 80%.

**7.99**

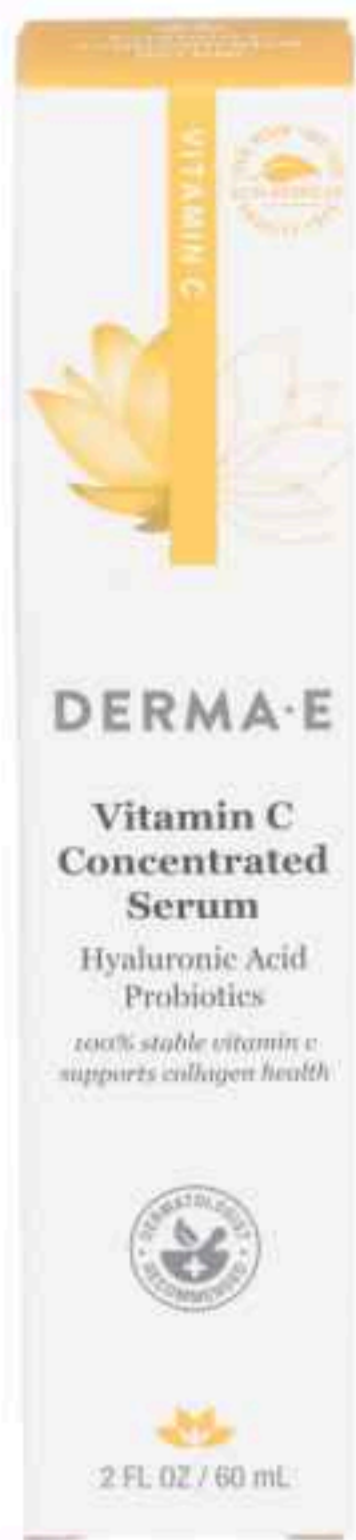
**Avalon Organics**  
**Shampoo or Conditioner**  
11 fl. oz., selected varieties



**32.99**

**Garden of Life**  
**Women's Once**  
**Daily Probiotics**  
30 ct.

**The co-op has the products you trust.**



**19.99**

**Derma E  
Vitamin C  
Concentrated  
Serum**  
2 fl. oz.



*push for the planet*

An eco-friendly option your lips will savor! Organic, vegan, non-GMO, cruelty-free and sustainably packaged. Available in three amazing varieties. "Spread the Love" with every application!

**2/\$8**

**Booda Organics  
Eco Balm**  
.3 oz., selected varieties



**12.99**

**Bass  
Large Square Paddle  
Hairbrush**  
each



**9.49**

**Now  
Lavender  
Essential Oil**  
1 fl. oz.

*pure-castile bar soap*



Soft, smooth lather moisturizes face-body-hands-hair! Organic, nutrient-rich, U.S.-grown hemp seed oil nourishes skin. Plant-based and biodegradable, made with certified organic oils, wrapped in post-consumer recycled (PCR) paper, cleans body-mind-soul!



**9.99**

**Shikai  
Borage Therapy Lotion**  
8 fl. oz., selected varieties

**2/\$7**

**Dr. Bronner's  
Pure Castile Bar Soap**  
5 oz., selected varieties

**The co-op helps you feel your best this winter.**

**Shop for fresh, delicious, local food at a co-op near you.**

**ILLINOIS**

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

**INDIANA**

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

**IOWA**

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

**KANSAS**

- The Merc Co+op

**KENTUCKY**

- Good Foods Co-op

**MICHIGAN**

- Detroit People's Food Co-op
- Grain Train Natural Foods Market
- GreenTree Co-op Market

**MINNESOTA**

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-ops
- Whole Foods Co-op

**NEBRASKA**

- Open Harvest Cooperative Grocery

**OHIO**

- Phoenix Earth Food Co-op

**SOUTH DAKOTA**

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

**WISCONSIN**

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

*See what's on sale with the Co+op Deals app!*

**coop deals.**

**Download the App!**



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



*'tis the treat season*

Justin's crafts USDA-certified organic chocolate treats, including a variety of nut butter cups and chocolate candy pieces in single-serve and multi-serve package options to satisfy any holiday sweet treat craving.

**4/\$7**

**Justin's Organic Nut Butter Cups**  
1.4 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

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