

coop deals

JUNE 17 - JUNE 30, 2020

just add mint

Celebrate summer with the addition of mint to a glass of refreshing Santa Cruz lemonade. It's the perfect cool down for a summer afternoon.



2/\$3

Santa Cruz Organic Lemonade

32 oz., selected varieties



2/\$5

Garden Of Eatin' Tortilla Chips
7.5-8.1 oz., selected varieties



3.99

Applegate Natural Uncured Beef Hot Dogs
10 oz., selected varieties



2/\$6

Annie's Organic Dressing
8 oz., selected varieties



4.99

So Delicious Dairy-free Frozen Novelties
4-8 ct., selected varieties



2/\$6

Mom's Best Cereal
15-24 oz., selected varieties



5.99

Quantum Buzz Away Extreme
4 oz.



Cool savings at the co-op.

The co-op has everything for summer meals!



2/\$5

Kevita
Organic Probiotic Drink
15.2 oz., selected varieties



2/\$5
Health-Ade
Organic
Kombucha
16 oz., selected varieties



2/\$7
Wtrmln Wtr
Cold Pressed
Watermelon Juice
12 oz., selected varieties



2/\$6
The Greek Gods
Greek Yogurt
24 oz., selected varieties



5.49
Redwood Hill
Farm
Goat Milk Kefir
32 oz., selected varieties



4/\$5
Noosa
Yohgurt
4.5 oz., selected varieties



2.99
Pacific Foods
Hemp Milk
32 oz., selected varieties



12.99
Organic Valley
Aseptic Milk
12 ct., selected varieties



from our families to yours →

At **Organic Valley**, we believe the tastiest and most nutritious milk comes from healthy, happy, cows. That's why our cows spend their days in green pastures. From our families to yours.

3.99
Organic Valley
Half & Half
32 oz.

4.99
Organic Valley
ULTRA Milk
56 oz., selected varieties



Summer time savings are in full swing.



3.99
Organic Valley
Stringles
6 oz., selected varieties



3.99

Rumiano
Organic Cheese
8 oz., selected varieties



family-owned, organic cheese

Rumiano Cheese is the oldest family-owned cheese company in California, crafting the highest-quality organic, non-GMO cheese from the unique Northern California milkshed!



4.99
Organic Valley
Summer Sausage
6 oz.



3.99
Mt. Vikos
Organic Feta
Cheese
6 oz., selected varieties



2/\$4
Taste Nirvana
Coconut Water
16.2 oz., selected
varieties



2/\$5
Organic Valley
Fuel Protein
Shake
11 oz., selected varieties



Energy from natural ingredients

Zero calories. Zero sugar. Organic caffeine. Hiball combines the refreshment of sparkling water with light and lasting energy from natural ingredients to make a tasty and thirst-quenching energy beverage.

2/\$4

Hiball
Sparkling Energy Water
16 oz., selected varieties



2/\$3

Alo
Aloe Drink
16.9 oz., selected varieties

Satisfy your thirst at the co-op.



2/\$6
Cascadian Farm
Organic Frozen Fruit
 8-10 oz., selected varieties



3.99
Earth Balance
Peanut Butter
Spread
 16 oz., selected varieties



2/\$5
R.W. Knudsen
Simply Nutritious
Juice
 32 oz., selected varieties



2/\$5
Sweet Earth
Burrito
 7 oz., selected varieties



6.99
Nature's Path
Organic Cereal
 26.4-32 oz., selected varieties



3.99
Alden's
Organic Ice Cream
 14 oz., selected varieties



3.99
Just
Egg Patty
 8 oz.



4.99
Wholly Veggie!
Cauliflower Wings
 13.2 oz., selected varieties



decadent and dairy-free

Celebrate the LGBTQIA+ community with Coolhaus' new peppermint frozen dessert, adorned with chocolate cookie crumbs and a creamy purple marshmallow swirl. Also, try the dairy-free vanilla — it's naturally flavored with vanilla beans from Tahiti and Madagascar!

2/\$8

Coolhaus
Dairy-free Ice Cream
 1 Pint, selected varieties



4.99
Gardein
Ultimate Plant-based
Burger
 8 oz.

The co-op is your go-to for great deals.

summer with Woodstock



Celebrating 35 years of putting our best food forward. Since the start, **Woodstock** organic condiments and pickles have been packed with premium, simple ingredients to help you bring nothing but goodness to your summer table!

2/\$4

Woodstock Organic Mustard
8 oz., selected varieties

2.49

Woodstock Organic Ketchup
20 oz.

3.99

Woodstock Organic Mayonnaise
16 oz.

3.99

Woodstock Organic Pickles
24 oz., selected varieties



2/\$4

Wild Planet Sardines
4.4 oz., selected varieties



2/\$4

Boulder Canyon Potato Chips
5 oz., selected varieties



5.99

Rao's Homemade Pasta Sauce
24 oz., selected varieties



4.49

LaCroix Sparkling Water
12-12 oz. cans, selected varieties



5.99

Reed's Ginger Brew
4-12 oz. bottles, selected varieties



scoop up the savings in bulk!

2.99

Organic White Quinoa
per pound in bulk



3.99

Organic Apricots
per pound in bulk



9.99

Organic Roasted & Salted Pistachios
per pound in bulk



Find your favorite bulk items at the co-op.



2/\$6
Lundberg Family Farms
Organic Rice Cakes
8.5-10 oz., selected varieties



hemp makes it SUPER

For over 20 years, Manitoba Harvest has been the global hemp foods leader. We are proud to work in partnership with our growers, retailers, and consumers to advance our foundational mission: transforming lives through the power of hemp.

5.99
Manitoba Harvest
Hemp Hearts
8 oz., selected varieties



2/\$5
From the Ground Up
Cauliflower Crackers
4 oz., selected varieties



2/\$4
Food Should Taste Good
Tortilla Chips
5.5 oz., selected varieties



2.99
YumEarth
Organic Giggles
5-5 oz. snack packs, selected varieties



2/\$7
Raaka
Chocolate Bars
1.8 oz.

make s'more memories this summer

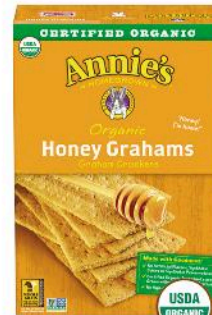
Everything you need for a classic campfire treat, on sale now at the co-op!



2/\$4
Endangered Species
Chocolate Bars
3 oz.



2/\$4
Endangered Species
Oat Milk Chocolate Bars
3 oz.



2/\$7
Annie's
Organic Honey Grahams
14.4 oz.



2/\$7
Dandies
Marshmallows
10 oz.

Tasty snacks with ingredients you trust.

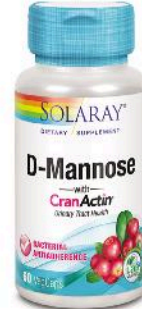
Some items may not be available at all stores or on the same days

empower yourself naturally

For decades, **Solaray** and **KAL** have delivered innovative natural solutions for women. We've formulated just the right products for balancing gut health, supporting a healthy urinary tract, soothing tense muscles and much more so you can perform to your potential.



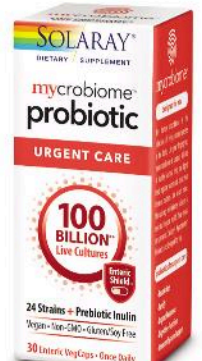
12.99
Kal
Magnesium
Glycinate 400
90 tablets



19.99
Solaray
D-Mannose with
CranActin
60 capsules



29.99
Solaray
MycrobioMe
Women's Probiotic
30 capsules



39.99
Solaray
MycrobioMe
Urgent Care Probiotic
30 capsules



29.99
Renew Life
Ultimate Flora 50
Billion
30 ct.



25.99
New Chapter
Turmeric Force
60 ct.



2/\$4
Om Mushrooms
Mighty Veggie Miso
Broths
.56 oz., selected varieties



19.99
Now Sports
MCT Oil
32 oz.



2/\$4 Epic Meat Bars
1.3-1.5 oz., selected
varieties



11.99
Seventh
Generation
Liquid Laundry
Detergent
100 oz., selected
varieties



10/\$10
Larabar
Fruit and Nut Bars
1.6-1.7 oz., selected
varieties



2.99
World Centric
Compostable
Plates
20 ct.

Thank you for supporting the co-op!

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

Common Ground Food Co-op
 Dill Pickle Food Co-op
 Green Top Grocery
 Neighborhood Co-op Grocery
 Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
 Bloomingfoods Market and Deli
 Maple City Market

IOWA

New Pioneer Co-op
 Oneota Community Co-op
 Wheatsfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
 GreenTree Cooperative Grocery
 Keweenaw Co-op Market & Deli
 Marquette Food Co-op

Oryana Community Co-op
 People's Food Co-op – Ann Arbor
 PFC Natural Grocery & Deli
 Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
 City Center Market
 Cook County Whole Foods Co-op
 Eastside Food Cooperative
 Hampden Park Co-op
 Harmony Natural Foods Co-op
 Harvest Moon Natural Foods
 Just Food Co-op
 Lakewinds Food Co-op
 Linden Hills Co-op
 Mississippi Market
 Natural Harvest Food Co-op
 People's Food Co-op – Rochester
 River Market Community Co-op
 Seward Community Co-op
 St. Peter Food Co-op & Deli
 Valley Natural Foods
 Wedge Community Co-op
 Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

Sioux Falls Food Co+op

WISCONSIN

Basics Cooperative Natural Foods
 Chequamegon Food Co-op
 Menomonie Market Food Co-op
 Outpost Natural Foods Co-op
 People's Food Co-op – La Crosse
 Viroqua Food Co+op
 Willy Street Co-op



to find a food co-op near you, visit us online at: welcometothetable.coop



*take a shower,
 give a shower*

Each purchase of these 100% vegan soaps by The Right To Shower helps provide showers for people experiencing homelessness. Try Strength Red Ginger and Currant today!

9.99

**The Right To Shower
 Body Wash**
 16 oz., selected varieties



10.99

**Acure
 Body Scrub**
 6 oz., selected varieties



11.99

**Badger
 Sunscreen**
 2.9 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

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